2022 Youth Summer Field Hockey

Sponsored by: West Milford Community Services & Recreation

Dates: Monday, 7/18 through Friday, 7/22

Times: 9:00-1:00 pm

Grades: Girls entering Grades

3rd_9th

Cost: \$180.00 (\$10.00 additional for non-resident) ***All participants get a WMFH t-shirt!!

Place: McCormack Field (Turf Field)

<u>Director</u>: W.M.H.S. Field Hockey Head Coach / Coach Krista Provost

Required Equipment

- Field Hockey Stick
- Approved Goggle Eyewear
- Mouthguard
- Shinguards
- Water Bottle
- Light Lunch
- Sunscreen





Daily Schedule

- 9:00-9:15- attendance/camp announcements
- 9:15-9:45- warm up
- 9:45-10:15- session #1
- 10:25-10:50- session #2
- 10:50-11:20- Lunch Break
- 11:25-11:55- session #3
- 12:00-1:00- SCRIMMAGES & FUN CONTESTS

*PRE-REGISTRATION IS REQUIRED. MAKE CHECKS PAYABLE TO WMCSR

REGISTER

- Go to <u>www.westmilford.org</u>, click on the Services tab at the top of the screen, then select Community Services & Recreation Registration., Look for 2022 SUMMER Programs.
- 2. Call the Recreation Office (973-728-2860) for assistance, M-F, 8:30 a.m. 4:30 p.m.



