



Sponsored by the WM Community Services and Recreation, the Winter Academy is designed to get FIELD HOCKEY high school athletes working together in the off season as a TEAM! The team's dedication in the off season pays off BIG time IN SEASON!

- ★ **When/Where-** Rec Center Gym #3 (Sundays, 1/9-3/6; 9:30-11:30am)
- ★ **PRACTICE FOR HIGH SCHOOL ATHLETES!!**
- ★ **Cost-** \$150 (SPECIAL \$25 DISCOUNT for RETURNING HS PLAYERS on WMFH Booster Club)
- ★ **How to Register-**

1. Go to [www.westmilford.org](http://www.westmilford.org), click on the Services tab at the top of the screen, then select Community Services & Recreation Registration., Look for 2022 WINTER Programs.
2. Call the Recreation Office (973-728-2860) for assistance, M-F, 8:30 a.m. – 4:30 p.m.

# WM Field Hockey

## Gold FH Winter Academy



- Bianca Cano**
- ★ WMHS Graduate 2017
  - ★ Team Captain 2016, Most Dedicated
  - ★ 4th leading goal scorer at WM
  - ★ 1st Team All County and All Conference
  - ★ Played at Mercy College
  - ★ Youth WMFH Travel Coach

**Sign up and receive WMFHBC Discount and a fun GOLD FH Clothing Item!**



- Kelsie Murphy**
- ★ WMHS Graduate 2019
  - ★ Team Captain 2018, Most Dedicated
  - ★ 1st Team All County and All Conference
  - ★ Currently plays at WPU
  - ★ Youth WMFH Travel Coach
  - ★ Currently playing at WPU