



# WINTER Intermediate DAY

## Pickleball Clinic (Not for beginners)

Sponsored by West Milford Community Services and Recreation

This clinic is for players who can serve and return a serve properly. The players should be able to sustain a volley for 5 or 6 shots without an unforced error. The students will learn skills and strategies for more competitive play. The following skills will be taught:

- 1) How to take proper position on the court
- 2) Position on court relative to your partner
- 3) Get to the non-volley zone
- 4) Use of the split step
- 5) Introduce dinking straight and diagonal
- 6) When to attack and when not to attack
- 7) How not to get caught in NO MANS LAND
- 8) Time permitting, the drop shot
- 9) Aggressive thinking strategy

**DATE:** Wednesday **DAY:** February 8,15,22, March 1 (make-up Mar 8)

**TIME:** 9:00 am – 11:00 am

**LIMIT:** 10 students

**Instructor:** Ed Bogin, PPR certified instructor

**FEE:** \$60.00

**Where:** West Milford Recreation Center, 66 Cahill Cross Road, WM

### To Register:

Go online to [www.westmilford.org](http://www.westmilford.org). Click on Community Services and Recreation. Then click on “REGISTER HERE FOR PROGRAMS”, look for 2023 WINTER Programs.

For assistance call the Recreation Office at 973-728-2860 Monday-Friday from 8:30 am–4:30 pm

