

2023 Youth Summer Field Hockey

Sponsored by: *West Milford Community Services & Recreation*

Dates: Monday, 7/17
through Friday, 7/21

Times: 9:00-12:00 pm

Grades: Girls entering Grades
3rd-9th



Cost: \$180.00 (\$10.00 additional for non-resident)

***All participants get a WMFH t-shirt!!

Place: McCormack Field (Turf Field)

Director: W.M.H.S. Field Hockey Head Coach / Coach Krista Provost

****Required Equipment****

- Field Hockey Stick
- Approved Goggle Eyewear
- Mouthguard
- Shinguards
- Water Bottle
- Light Lunch
- Sunscreen



****Daily Schedule****

- 9:00-9:15- attendance/camp announcements
- 9:15-9:30- warm up
- 9:30-10:00- session #1
- 10:00-10:30- session #2
- 10:30-10:50- Lunch Break
- 10:50-11:20- session #3
- 11:20-12:00- SCRIMMAGES & FUN CONTESTS

***PRE-REGISTRATION IS REQUIRED. MAKE CHECKS PAYABLE TO WMCSR**

REGISTER

1. Go to www.westmilford.org, click on the Community Services and Recreation, then "REGISTER for PROGRAMS HERE." Once you are in community pass look for 2023 SUMMER Programs.
2. Call the Recreation Office (973-728-2860) for assistance, M-F, 8:30 a.m. – 4:30 p.m.