



# Adult Co-Ed SPRING Volleyball

Sponsored by West Milford Community Services & Recreation

**Adult Co-Ed Volleyball** Coed Volleyball is a fun social program for adults, which is perfect for those with an interest in volleyball. It is held at the Recreation Center, 66 Cahill Cross Road. Each group is limited to 24. Age 18+

For the **beginner/novice**, basic volleyball with the theme of fun and fitness! Based on skill level you may be asked to move.

When: **Mondays** – April 19, 26, May 3, 10, 17, 24, June 7, 14 (**NOT 5/31**)

Program is 8 weeks \$40.00 **OR**

**Wednesdays** – April 21, 28, May 5, 12, 19, 26, June 2, 9

Program is 8 weeks \$40.00

Non-residents add \$10.00. Time: 6:30-8:00 pm

For the **advanced player**, you **MUST** be able to bump, set, and spike. You **MUST** also have knowledge of volleyball rules. This is not a beginner or instructional course. Based on skill level you may be asked to move.

When: **Mondays** - April 19, 26, May 3, 10, 17, 24, June 7, 14 (**NOT 5/31**)

Program is 8 weeks \$40.00 **OR**

**Wednesdays** – April 21, 28, May 5, 12, 19, 26, June 2, 9

Program is 8 weeks \$40.00

Non-residents add \$10.00. Time: 8:00- 9:30 pm

**\* Social Distancing must be maintained while following all appropriate Distancing Guidelines \***

## How to Enroll -

Go online to [www.westmilford.org](http://www.westmilford.org). Click on the Services tab at the top of the screen, then select Community Services & Recreation Registration. Look for “2021SPRING PROGRAMS”.