

## **SPRING 2024**



## Youth Pickleball Clinic

Sponsored by West Milford Community Services and Recreation

A perfect opportunity for young athletes to get a better understanding of the basics and fundamentals of Pickleball. This clinic will focus on learning Pickleball rules, movement on the court, court positions, skills, different strategies and safety.

- 1) Basic rules of the game
- 2) How to volley
- 3) How to half volley
- 4) Introduce dinking
- 5) Proper grip on paddle
- 6) How to serve properly
- 7) Basic strategies for success

## **DATES:**

Ages <u>10-13</u> - Tuesday NIGHTS May 21, 28, June 4, 11 from 6:30–8:30 pm

Ages <u>14-</u>17 - Thursday NIGHTS May 23, 30, June 6, 13 from <u>6:30-8:30 pm</u>

**LIMIT:** 10 students

<u>Instructor</u>: Ed Bogin, PPR certified Pickleball instructor and 34 year career educator

**FEE:** \$60.00

Where: West Milford Recreation Center, 66 Cahill Cross Road, WM

## To Register:

Go online to <a href="www.westmilford.org">www.westmilford.org</a>. Click on Community Services and Recreation. Then click on "REGISTER HERE FOR PROGRAMS", look for 2024 SPRING Programs.

For assistance call the Recreation Office at 973-728-2860, Monday-Friday from 8:30 am-4:30 pm